

News and Roos

from

Three Rivers Greyhounds



April 2019 Issue 31



Happy Spring! Happy Hounds!

Spring has sprung, and now with the weather becoming warmer, our greyhounds are loving the outdoors again! No more heavy coats or dog boots to keep them warm; hound owners can bring out the outdoor toys, and get that doggie pool ready for use.

TRG adopters -- put this yearly event on your calendars – The annual Rock N' Roos Reunion to be held May 19th at the A.W. Beattie Center in Allison Park. We have planned a delicious menu, and there will be vendors, games for the hounds, and raffle baskets.

Last year's event was the most well-attended reunion we have had, and we were glad that the A.W. Beattie Center was able to accommodate the large crowd of adopters and greyhounds.

So mark your calendar for this event! New adopters – come see what it is all about, and enjoy the camaraderie of fellow greyhound lovers. We hope you will support TRG as we continue our mission to find forever homes for retired racing greyhounds.

~ The TRG Board



Shoes, shoes, and more shoes!

TRG is again assisting Nittany Greyhounds with their shoe fundraiser. Unwanted pairs of shoes, including women's, men's, and children's shoes, are needed.

We all have unwanted shoes in our closets – if you would like to bring your unwanted shoes to the Annual Rock n' Roos on May 19, TRG will accept them and get them to Nittany Greyhounds.

Sue Yanakos is the contact person for this effort. Please direct any questions that you might have to Sue at skyanakos@yahoo.com.

SAVE THE DATE!

**Annual Rock n' Roos
Reunion**

**Sunday, May 19, 2019
3-6 p.m.**

**A.W. Beattie Center
9600 Babcock Blvd.
Allison Park**

**Come celebrate 10 years
of Three Rivers Greyhounds**

**Admission Donation
\$15 for Adults
10 and under –no cost**

**Delicious food, Raffles,
Baskets, Greyhound games,
Vendors**

**Our food will be catered, so a
head count is needed.**

**Please RSVP by May 10
info@gpatrg.org**

*Thank You to All Who Supported Our
2018 Holiday Appeal*

The holidays were made brighter with the response that TRG received from everyone who gave a donation for the greyhounds!

Special thanks to the following individuals who made donations–

Hilary and Mike Snider, in memory of Skeeter
 Ansby Earley
 Jennifer Krandel-Schriener
 Jennifer and David Kent
 Ann McCutcheon, in memory of Justin and Lizzy, with love to Willy & Abby
 Joe and Kathy Boback, in honor of Wild Lady Gaga
 Annemarie Schafer
 Mr. and Mrs. William Foster
 Jordan Zuk and Andrew Ptaschinski
 Diane and Paul Passantino, in memory of Indy, Maz, Gyp and Bella
 Samuel Osche
 Larry and Renie Mistick, in memory of Petey and Nala
 Mary Jo and Donald Klosinski
 Jim Evans, in memory of My Grey Gang (14)
 Deb Utterback, in honor of Ruth, Kyle, Louise, and other volunteers
 Jeff and Pat Smallwood
 Fran Iafolla, in honor of Honey Girl and Ernie
 Charles Glynn
 Pauline Peters, in memory of Louie
 Susan Bertone
 Diane and Jim Hammond
 Mike Timko
 Anne and Paul Beardslee, in honor of Donovan
 Amanda Kozak
 Tamara Mahady, in memory of Shelby Mahady
 Tracy and Drew Degentesh
 Cynthia Shonberg, in memory of Chloe, my “best girl”
 Todd Raible, in honor of Fran Iafolla
 Linda Kostka, in memory of Greycie Kostka
 Dylan Hall, in honor of Hammy and Fletcher
 Anthony Lucarelli, in honor of Arrow
 Julia Klein
 Jamie Bomberger
 Dana and Dave Helisek, in honor of Ruth and Kyle from bringing us our Merle
 Wendy Reitenauer



The TRG board appreciates all that help in any way, whether through monetary donations or donations of time and talent. Our group rocks!

And a special thank you to the following volunteers who helped with the Pittsburgh Mills Holiday Meet and Greets (greyhounds who helped listed in parentheses) -

Joe and Kathy (Gaga), Jeff and Mandy (Colt), Heather and Caitlyn (Cricket & Sadie), Joe and Carol (Flier & Lucy), Tracy and Rob (Daisy Jo), Joel and Katie (Lola), Lisa and Denny (Cheyenne), Vince and Maryann (Cory & Ollie), Kim and Kevin (Peaches), Adele (Duke), Louise and Bill (Rummy & Bizzie), Tracy (Nova), Alicia (Frankie and Apache), Dan (Rebel, Zane & Willow), James (Chica), Anthony (Arrow), Tanya (Flash), Amanda (Sadie), Penny (Kela), Fran (Ernie & Honey Girl), Sherry (Howie), Bev (Archie), Ruth (Kermit), Kyle (Lovey), Sue (Lili & Zoe), Chris and Stephanie (Skye & Finn)



Over 4 weekends, a total of \$3660 was raised thanks to all those that stopped to get to know the greyhounds!!

~ ~ ~ ~ ~



*In Memory of those TRG hounds
that have recently crossed the Bridge ~~*

*Blossom Hartman
Tyke Catanzarite*

Event Wrap-Up

In addition to our Holiday fundraising appeal, the following events raised additional monies to help with TRG's mission of greyhound adoption -

-  Sales from Enjoy Books ~ \$584
-  Afternoon Tea at the Johnston House in February ~ \$405
-  Painting with a Twist ~ \$380
-  Garage Sale ~ \$293

Thank you to all the volunteers who organized and made these events happen, especially Kimberly, Sue and Tracy.



Be Part of the Pittsburgh Night Market Coming this Summer

TRG participated in the Pittsburgh Night Market, held in Market Square, downtown Pittsburgh last summer. This year we have three dates that have been requested to showcase TRG and greyhound adoption. Sue Yanakos is the coordinator and contact person for this event. The following dates were requested - if you are interested in volunteering, please keep these dates on your calendar -

June 22 July 27 August 24 These are Saturday nights, with volunteers needed from 5-9 p.m.

Steps You Should Take if Your Greyhound Goes Missing

Oh No! You think your greyhound is safely playing in the fenced yard...until you discover that the gate has been left open. **Or** your grey has slipped through an open door and is gone. There is no worse feeling than realizing that your beloved grey is loose and possibly already miles away. Even more frightening is if you are out of town, your dog is with a dog sitter and is running in a strange neighborhood. You are completely helpless and must rely on your pet sitter to find your dog.

LOST DOG



This last scenario recently happened to one of the TRG families. Their grey escaped through an open gate at the sitter's house, but thankfully was found by a good samaritan hours later. Could the dog sitter have been more prepared to handle this emergency?

Consider the following when leaving your dog(s) with a sitter.

References and Reliability: Make sure the sitter is reliable. Check references and ratings. If working with a sitting service: check policy and procedures for finding lost dogs. Ask the sitter what specific steps they would take to find your dog.

Meet & Greet: Do a M&G at the sitter's home before the initial stay with the sitter. Describe your dog's personality, if they are an escape artist, if they are shy, easily frightened. Be sure to discuss the greyhound breed traits: how fast they can run, how well they can see, they follow their eyes not their nose.

Be Prepared: Make sure that your dog is wearing his tags and include his microchip number with the tags (all TRG dogs are microchipped). Attach a tag with your cell phone numbers and home address. Also, include the TRG tag that your dog was wearing when adopted. If you need a new TRG tag we will send you one.

Emergency Kit: Prepare an emergency kit for the sitter. List all emergency contact numbers and encourage your dog sitter to immediately contact you, the local police, TRG, and the rest of your contact numbers. Include:

- your phone numbers or where you can be reached while out of town,
- Three Rivers Greyhound telephone number (724-216-5820) so we can alert volunteers to help search for your dog,
- a local emergency contact phone number (possibly the person you included on your TRG application),
- your veterinarian's number.



Include an information sheet with a color photo and description of your dog so that the sitter can make flyers to post. Having a ready made lost dog poster in the kit will save time. Also include any identifying marks (like white tip on his tail, collar color, if he is shy). The first few hours are critical in finding a lost dog. The sitter can immediately organize volunteers to search, start posting the flyers and walking/driving the area where the dog was lost. Have the sitter write their contact numbers and email on the poster. A social media posting to "lost dog" groups is also very helpful.

Give the sitter hints on how to find your lost dog. Will food or toys lure him? Will he respond to his name being called, would having another dog with you attract your lost grey? Ask everyone you meet during the search if they have seen the dog.

Let's hope that this scenario never happens to you, but the more you are prepared the more possibility for success in finding your beloved pet.



Greyhounds and CBD

by

Dr. Denise Pleban-Oberst

Signs for CBD have popped up everywhere around here. Many people are talking about CBD. But, what is CBD and where does it come from? Does it really work? Can you give your own CBD to your dog? How much do you give? Are there side effects and is it safe? I will try to filter out what we do know about it from what you hear on the streets and read on the internet.

CBD is short for Cannabidiol. It is one of over a hundred cannabinoids that have so far been discovered in the Cannabis species of plants that include hemp and marijuana. CBD is found in the highest concentrations in the hemp plant.

We still don't know exactly how CBD works in the body, but we do know that it attaches to the CB2 receptor that is found in the peripheral nervous system, the immune system, and the internal organs. It does appear that it helps to manage inflammatory conditions of these tissues and therefore, seems to help with nausea, seizures, osteoarthritis, anxiety, and pain. Most of the studies on CBD have been done on mice and rats, which doesn't always convert to humans or dogs. In 1937, the federal government passed the Marijuana Tax Act which made both hemp and marijuana Schedule 1 substances. These substances, which also includes LSD and heroin, have "no currently accepted medical use and a high potential for abuse." It is thought that this law was influenced by a man who wanted his newspapers to be made from trees instead of hemp (even though paper made from hemp is stronger, folds more, and doesn't yellow nearly so fast). In December, 2018, the federal government finally separated hemp from marijuana so hemp is no longer a Schedule 1 substance. This will make it easier for more studies to be done and there are already many studies that have been started recently.

Dr. Denise Pleban-Oberst is a staff veterinarian at VCA Northview Animal Hospital, Pittsburgh. She graduated with a degree in veterinary medicine from The Ohio State University. Her family members include a greyhound named "Jason".



There was a very recent study in dogs that showed that it does help them with osteoarthritis. Another study showed that CBD doesn't work by itself. It needs the rest of the components of the hemp plant to work. Yet, CBD gets all the credit. It isn't FDA regulated, so there are a lot of variations out there. We can't say that it will cure a disease and from what we know, it doesn't appear to do that. Epidiolex is the only CBD that is FDA approved. It was made for two rare childhood seizure disorders and is very expensive.

So, what is the difference between human and dog CBD oil? Humans can handle more THC, the cannabinoid that causes the psychotropic (hallucinogenic) effects of marijuana. Hemp can only have up to 0.3% of THC in it, which is all the dogs can have (or less), whereas marijuana has 5-25%. THC is the reason why dogs end up in the hospital when they get into marijuana products.

When looking for CBD, look for products that are:

1. USDA Certified Organic
2. Full Spectrum Hemp (has all of the plant)
3. Xylitol free (toxic in dogs)
4. have the amount of milligrams in the bottle
5. have a COA (Certificate of Analysis done by a third party done on every batch)
6. not made of hemp from China (where it is manufactured doesn't tell you where the hemp is from)



The better brands are Innovet (online - my dog, Jason, is taking this one), Pet Relief (online and at Healthy Pet Products), NuLeaf (online and in some stores), and Ultracell (all PVSEC uses because of its absorption and is online). It is best if put directly on the mucus membranes for absorption vs. in the food. This is because if in food, it first goes to the liver before being absorbed in the body, decreasing the amount able to be utilized. So, even though they are putting CBD in food and treats, your dog won't get as much benefit from it that way. It appears to be safe. Side effects are

sedation and diarrhea (because it is a fat and that can affect a sensitive stomach). Directions are often vague or non-existent. Start low- one drop 1-2 times a day (usually twice a day is needed). Increase by a drop every 5-7 days until you see the affects you want. Not every individual needs the same amount of CBD for the effects and some will get the side effects. As you can see, you don't get the effects of it quickly for most problems (can be a few exceptions).

How well it works also depends on what your goals for it are. Some will think it is a miracle drug and everything that happens will be because of CBD, whereas others won't be as satisfied by what they experience because it doesn't seem to help enough. This is why a study that is just a survey of what people think is not as good of a study. Everyone's perception of the same thing is different. I started Jason on it to help with his nighttime anxiety and that has helped. Unfortunately, with his sensitive stomach, I can't increase it too much because he will get diarrhea, so it isn't increased enough for his pain (he gets other things like meds and acupuncture for that). What is exciting is that, as time goes on, we will learn more about CBD and the hemp plant, and that is promising.

(This article was first shared in Going Home Greyhounds newsletter. We thank Dr. Pleban-Oberst for her permission to reprint this information.)



Greyt News! So far in 2019, these greyhounds have found their forever home through TRG ~~

Izzy	Flash	Remy
Money	Lou	Becki
Koda	Finn	Shimmy
Witchy	Homer	



Three Rivers Greyhounds is a 501c(3) non-profit organization and contributions to our group in 2019 are 100% tax deductible.

Please continue to support our mission of finding forever homes for retired racing greyhounds.

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